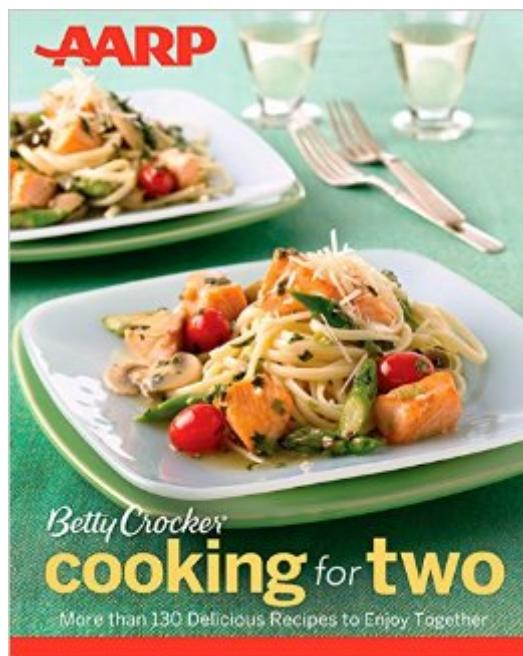


The book was found

AARP/Betty Crocker Cooking For Two



Synopsis

The perfect cookbook for retirees, empty-nesters, and other twosomes Now that the kids have all grown up and moved out, it's just the two of you for what used to be family dinner. But how to do you cook for just the two of you? With Cooking for Two, you'll find tons of simple and delicious recipes designed just for two. It's tough to pare down those favorite recipes to serve just two rather than a whole family, but this handy cookbook will show you how to do that too. You'll find plenty of practical advice on organizing and outfitting a kitchen for two, how to shop for two, and how to eat right for a long, healthy life. Fall in love all over again with delicious recipes like Southwest Herbed Flank Steak, Buttermilk Cornbread, or Cherry Cobblers for Two. Includes 130 recipes covering snacks, salads, casseroles, fast skillet meals, desserts, baked goods, and much moreFeatures 50 tempting full-color photographsOffers complete nutritional information for every recipeWith Cooking for Two, you'll discover just how fast, easy, and delicious cooking for two can be!

Book Information

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Average Customer Review: 4.2 out of 5 starsÂ See all reviewsÂ (41 customer reviews)

Best Sellers Rank: #111,875 in Books (See Top 100 in Books) #84 inÂ Books > Cookbooks, Food & Wine > Cooking Methods > Cooking for One or Two

Customer Reviews

Now that my husband and I are retired and empty nesters these recipes are perfect sizes so you don't have mounds of left overs. They are quick and easy and don't have lots of ingredients that can really drive up the food budget. They are lower fat and considerate of weight and salt restrictions.

I was used to cooking for 5 people and having leftovers. Imagine the horror when you are faced with cooking for only 2 people.....I ended up throwing away WAY too much food. I was so mad that every recipe was 4-12 servings. Then I see a couple cookbooks for 2 people. HURRAY!!! I can actually

make wonderful and different recipes without wasting money on leftovers. It helps us stick to a sensible eating plan since there is already portion control built right in. Only 2 complaints....hate seeing AARP on the top. HEY! I'm NOT retired yet, and it kinda makes you feel like the cookbook would cater to soft, bland, and tasteless recipes. I could not have been more wrong. I bet if they covered that up they would sell more cookbooks. Second, they should have a color photo of EVERY SINGLE RECIPE. We are visual creatures, and to "see" the meal makes it more delectable....it makes you want to try it.

Yes. This was a gift for my housemate and domestic partner. She was looking for "Cookbooks for Two" because...well, there are two of us and she does the cooking. Duh. I've had some of the meals from this book and THEY ARE GOOD! Little or no waste. Nicely seasoned (neither bland or overdone) hard to do when cooking for only two portions. I highly recommend this book. When cooking for two there is always the risk of either too much or not enough. Not here; the directions make two servings of exactly the right amount. And they taste darn good!

We bought this for our son who is setting up his first independent home, but after looking through it, bought another copy to use ourselves. Don't be put off by the AARP in the title- it has great recipes and advice for young people too. The recipes are very well written, with the steps in order and none of the "cookbook style" writing which can bury important steps in the text where they can be missed. The dishes are good, and some techniques are very clever- there's a dessert cake recipe that uses the cake pan to mix up the batter, so the cleanup is easier.

The recipes are easy to follow and they don't have a lot of "extra" stuff (that you never use again) In them. I love the fact that the fact that the recipes are for two saves me from tossing out so many uneaten left overs.

You will find plenty of good and varied recipes in the AARP/Betty Crocker Cooking for Two Cookbook. For experienced cooks this cookbook probably won't be needed as you will find similar "larger" sized recipes in other cookbooks. Those recipes could be easily halved and used to prepare a recipe for two people. Some of the recipes you will find in this cookbook include: Double-Chocolate Snack Cake, Rustic Potato Soup with Cheddar and Green Onions, Slow Cooker Herbed Turkey and Wild Rice Casserole. You will find plenty of color images and an interactive table of contents making navigation easy. Recommend. Penmouse

I've been cooking large meals for just the two of us. Not working. Too many leftover and I'm so sick of serving the same thing over and over. So, this book solves this issue. The recipes are easy and minimal leftovers!

Reducing recipes for one or two can change flavors as herbs and spices don't always work linearly on the taste buds. These recipes are already set up for smaller batch or single cooking. From college dorms to empty nesters (or unfortunately divorced) 130 recipes to help you eat better without waste.

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